

FROM THE EDITORS OF

Taste of Home

Country Woman

Spring Ideas by the Dozen

- DIY KITCHEN ON A BUDGET
- BISCUIT LOVE FOR MOM
- FLEA MARKET MAKEOVERS

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Patricia Concannon

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Susan B

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dedication, blood,
sweat and tears went
into this space.”

—CHELSEA MOHRMAN



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Read your *Country Woman* anywhere, get smart bonus content and share recipes, stat. Go digital at countrywomanmagazine.com/digital.



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King Solomon's Secret Treasure: FOUND

Ancient beauty trapped in mines for centuries is finally released and available to the public!

King Solomon was one of the wealthiest rulers of the ancient world. His vast empire included hoards of gold, priceless gemstones and rare works of art. For centuries, fortune hunters and historians dedicated their lives to the search for his fabled mines and lost treasure. But as it turns out, those mines hid a prize more beautiful and exotic than any precious metal: chrysocolla.

Prized by the wisest king of the Bible. Known as the "Wisdom Stone," chrysocolla was considered a powerful talisman of healing and calming energy. Ancient rulers of the Biblical era relied on it for guidance and now this legendary treasure can be yours with our stunning *Earth & Sea Chrysocolla Necklace*. Call today to bring home 325 carats for **ONLY \$49!**

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COME ON IN

SUNNY DAYS AHEAD!

Now's the time for big welcome hugs to a fresh new season. After receiving so many great ideas and suggestions from our *Country Woman* community, we're freshening up the pages of the magazine. You'll see a few of them in this issue, and maybe a few more in the next one.

You asked for more recipes and food features. Check. You wanted us to make the print easier to read. Check.

Best of all, dear readers, you are key to making this *Country Woman* community so amazing. That's why we're making *you*—and reader-to-reader interaction—the focal point of this page. Many of you have already stepped up to share guidance from your wonderful mothers; check out the shared wisdom from your fellow readers in Friendly Advice, *top right*.

By the way, May 10 is Mother's Day. We bet you know some moms who'd love a subscription to *Country Woman*. A one-year subscription is only \$10. Visit countrywomanmagazine.com/giftformom. Share the love.

We're all a part of that community, too. So give us a shout when you have something to say. Keep sending us those adorable (and sometimes funny) pictures of kids, your most embarrassing moments, and your craft ideas. Tell us what you think. And take a peek at the [Upcoming Question, right](#). Who knows? Your answer might appear in the pages of *Country Woman*! ■


JEANNE AMBROSE
EDITOR
JEANNE.AMBROSE@RD.COM

 Join the conversation today at facebook.com/countrywomanmag.

Friendly Advice

THANKS, MOM!

What silly, sweet or just plain practical advice did your mom give you?

“Make a great dessert and no one will notice you burned the biscuits.”

TINA ROBETOR HOWE LENNOX, SD

“Always smile. It's the greatest free gift you have to give.”

JEANETTE NOEL VIA FACEBOOK

“It's not the quantity of friends that matter, it's the quality. She told me this when I was starting high school, and I think it's the perfect thing for a teenager to hear.”

CRISTAL THURSTON BLAYLOCK
LA GRANDE, OR

“Make friends with your butcher.”

CAROLYN DOROW WHITE
HOUSTON, TX

“Always wear clean underwear—you never know when you'll be in an accident.”

RITA JO VIA FACEBOOK

UPCOMING QUESTION

What are your simplest spring cleaning solutions? We want in on your best organizing tricks, time-saving tips and easy-to-make cleaning recipes.

Send your answer to submissions@countrywomanmagazine.com with “Friendly Advice” in the subject line. Your response could appear on this page in a future issue.



Mom will love Whole Wheat Strawberry Shortcakes, page 38

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ADVERTISING

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 Display Sales **Catherine Marcussen, Matt Avery,**
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Contest Central

Send a winning recipe to one of our sister publications, *Taste of Home* or *Simple & Delicious*, and we'll send you **money**.

It's easy to enter at tasteofhome.com/recipecontests.

Breakfast & Brunch Contest



Eggs Benedict with Dill Sauce
 MARY LOUISE LEVER ROME, GA

Send your unforgettable breakfast or brunch recipes and the stories behind them. You could win \$500, plus big cheers in *Taste of Home*. Tell us how sleepyheads perk up when your strawberry-rhubarb French toast hits the griddle. Or do they ask for your hammy biscuit sandwiches? Get creative with sides like goat-cheesy grits or vanilla grapefruit frappes. Put on the coffee—and your thinking cap—and get cookin'.

Family-Friendly Faves

From Grandma to Sister to little Cousin Joe, everybody gets to the table quick when these recipes come out. They're easy, comforting and filled with good stuff the whole family loves. Share your favorite recipes—aiming for 12 or fewer ingredients—and be sure to dish the details. You could win \$500 and tasty praise in an upcoming issue of *Simple & Delicious*.



Chicken Riggies
 JACKIE SCANLAN DAYTON, OH

Enter today at tasteofhome.com/recipecontests. No purchase necessary to enter or win. Contest began Feb. 16, 2015, and closes June 9, 2015. Open to residents of the U.S. and Canada who are age 18 or older. Void where prohibited. For entry and other details including official rules, visit tasteofhome.com/recipecontests. Sponsored by RDA Enthusiast Brands, LLC. Winners announced in a future issue.



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Puppet power

As a Girl Scout leader, I loved your adorable finger

puppet craft (February/March) and the idea of making them for children in need. The girls in our troop had a blast learning to thread needles, tie knots and stitch the puppets—and I was pleased that the materials cost less than \$10. We're always looking for fun, inexpensive ways to help others. Thanks for the inspiration!

JESSI RHINE & GIRL SCOUT TROOP 4733 MUSKEGO, WI

Devoted reader

Congratulations on your 45th anniversary! I'd like to give a shout-out "thank you" to my friend Sally Heston, who first introduced me to your magazine way back in the day when it was *Farm Wife News*. Keep up the good work!

REBECCA JANE DAUM
VIA FACEBOOK

Love those crafts!

What inspiring ideas you constantly have in *Country Woman* magazine. Best of all, they are not expensive to create! Thank you for continuing with all of your craft projects. They are really appreciated.

JAN CLAXTON
MATTAWAN, MI



We love hearing from readers.

Drop us a note at editors@countrywomanmagazine.com.

"I grew up happily on an Ohio farm. I really enjoy this magazine and the U.S. farmers on its pages. The well-cared-for farm animals are a bonus, too! Keep plowing the field of publication. Your magazine is an excellent crop."

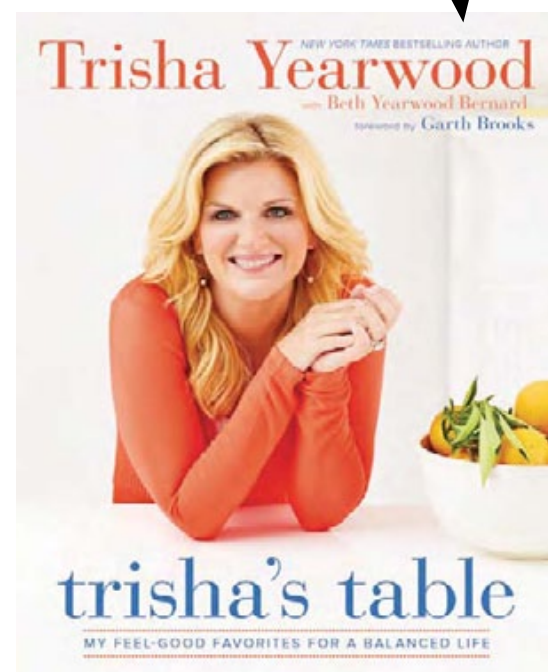
NANCY KEMLER ROUNDUP, MT

It's Trisha

Trisha Yearwood's first name was misspelled on the cover of the February/March issue, while all the articles throughout spelled her name correctly. I am a fan of her cooking shows, and a subscriber and collector of all of your wonderful magazines.

ANGIE MACKEY
VIA WEBSITE

Editor's Note: Angie and several observant readers noticed the misspelling. Our apologies to all, especially Trisha. By the way, fans of the country star can pick up her new cookbook, *Trisha's Table*, which hits stores in April.

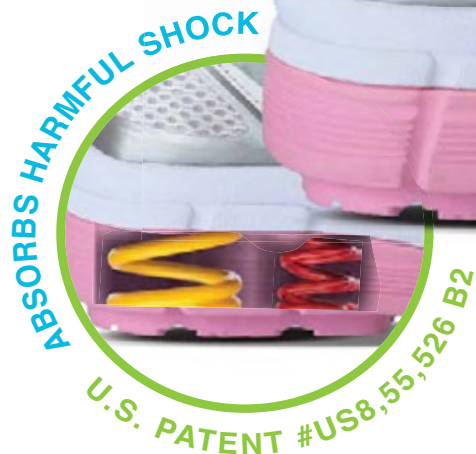




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"I work in a restaurant. Finally found the shoes that don't kill my legs and feet...Gravity Defyer® shoes are awesome!" – Diana B

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WOMEN • SIZES 5-11

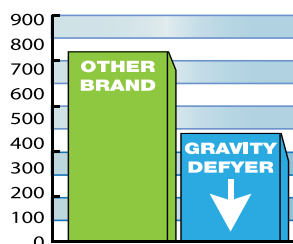
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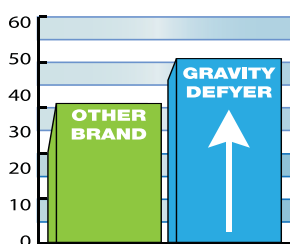
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BRIGHT IDEA!

Funny Bunny

Bring a smile to Easter breakfast with pancakes inspired by Peter Cottontail. Sprinkle coconut onto a dollop of whipped cream to create a fuzzy tail. Use banana slices and chocolate chips for your bunny's sweet feet. Then hop to the table before they're all gone.



Want to win a free year's subscription to CW? Send us your Bright Idea—if we publish it in a future issue, you get a whole year of *Country Woman* for yourself or a friend. See page 64.

GOOD NEIGHBORS

Feeding the Community

Harvest fruits and vegetables on the farm, then take home a box of fresh produce for your family. That's the trade some shareholders make at Stonebridge Farm's Community Supported Agriculture program near Boulder, Colorado.

When Kayann Short and her husband, John Martin, started the Stonebridge CSA in 1992, it was the first program of its kind in the Boulder area and one of just a few nationwide. Their CSA gives members the option to pay or work for their weekly allocation of the 10-acre farm's bounty. About five of the 90 share-owning families opt for labor. Aside from Kayann and John, they're the only farmhands at Stonebridge.

"I think a lot of our bartering members are people who just want to have some connection with the soil," Kayann says.

Kayann and John believe they're part of a circle—taking care of the land that takes care of them. They also feed their community, whose members return the favor when they buy CSA shares that support Kayann and John's farm. "It's about reciprocity," she says.

To bring their neighbors even closer together, Stonebridge hosts seasonal and holiday events, including an annual pancake breakfast. "We make the pancakes," Kayann says, "but everyone brings the toppings, and you've never seen such a huge table of toppings in your life."

Kayann Short of Stonebridge farms for her neighbors.



THE RIGHT WAY TO CSA

- **Mind the sign-up deadline!** There's probably a cutoff date to join. Also, most CSAs ask for the entire seasonal fee up front, so be prepared to prepay.
- **Understand the fine print.** CSAs have guidelines, so you need to know what happens when you go on vacation, or if you forget to pick up your share.
- **Ask questions.** Find out first what to expect, including the amount of produce per week and whether you can get extra if needed for canning.
- **Realize that CSAs aren't for everyone.** You really have to enjoy veggies to make a membership worthwhile.
- **Be flexible.** Shares will be lighter early in the season, heavier later on. And you'll likely need to supplement shares to fill all your veggie and fruit needs.
- **Embrace new tastes!** When you encounter an unfamiliar or untried food, consider it an adventure. Maybe kale chips or roasted Brussels sprouts are your next favorite food!

HOMEMADE

What's Up, Crock?

Here's an Easter gift: company carrots from the slow cooker. Whip up a peachy glaze, cover and cook on low. That's all, folks.

The slow cooker is always in season. With recipes from dips to main dishes, *Taste of Home's* brand-new book will inspire you to keep yours out all year long. Find this recipe and more seasonal faves in *Slow Cooker Throughout the Year*, available wherever books are sold.

SNEAK PEEK!

Glazed Spiced Carrots

Glazed carrots are a classic side dish for all sorts of special occasions. They're the perfect accompaniment for many different main entrees. This recipe is very easy to put together, leaving your oven and stovetop free for other cooking creations.

—TASTE OF HOME TEST KITCHEN

PREP: 10 MIN. • **COOK:** 6 HOURS

MAKES: 6 SERVINGS

- 2 lbs. fresh baby carrots
- ½ cup butter, melted
- ½ cup peach preserves
- ¼ cup packed brown sugar
- 1 tsp. vanilla extract
- ½ tsp. ground cinnamon
- ¼ tsp. salt
- ⅛ tsp. ground nutmeg
- 2 Tbsp. cornstarch
- 2 Tbsp. water
- Toasted chopped pecans, optional

1. Place carrots in a 3-qt. slow cooker. Combine the butter, preserves, brown sugar, vanilla, cinnamon, salt and nutmeg. Combine cornstarch and water until smooth; stir into preserves mixture. Pour over carrots.
2. Cover and cook on low for 6-8 hours or until tender. Stir carrots; sprinkle with pecans if desired.



GLAZED SPICED CARROTS

CELEBRATE

Spring to Action

Put these fun events on your to-do list.

National Volunteer Week April 12-18

Pitch in with millions worldwide as they celebrate 40 years of helping out. A grassroots movement like Earth Day, National Volunteer Week began in 1974—and it's been growing ever since. About 4 million volunteers throughout 16 countries participated in 2012 alone. Visit pointsoflight.org, where you can search volunteer opportunities by topic and ZIP code to connect with a cause close to your home and your heart.

Muscoda's Morel Mushroom Festival May 15-17

Morel-flavored bratwurst, cheese and microbrews: Now, that's a taste of Wisconsin. The tiny town of Muscoda knows how to celebrate these prized mushrooms, which lure thousands of people into the woods each spring. Before foraging for your own, learn from pros at Muscoda's festival about where and when to look for morels, and how to identify them. For more information, go to muscoda.com/festivals/muscoda-morel-mushroom-festival.



For the kids. Many community activists come together each year to give back to their schools (*top*).

Give-back mac. Volunteers roll up their sleeves and put on food-safe gloves to pack mac 'n' cheese meal kits for local food banks (*above*).

Young helper. Volunteering is an all-ages activity. This girl (*right*) pitches in and paints a fence as part of a river cleanup project.



NEW TAKE

Egg Cartons

With a dozen handy little compartments, egg cartons are a natural for organizing small items.

Just add tiny sortables from your workshop (washers and tacks), your sewing room (buttons and bobbins) or anywhere else and close the lid for spill-proof storage. They're also great as seed starters, extra cushion in mail parcels or trash bag reinforcers: Put an open carton at the bottom to stop leaky garbage. ■

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Farmhouse Charm

With a little muscle and a lot of creativity, this couple pulls off a big transformation on a small budget.

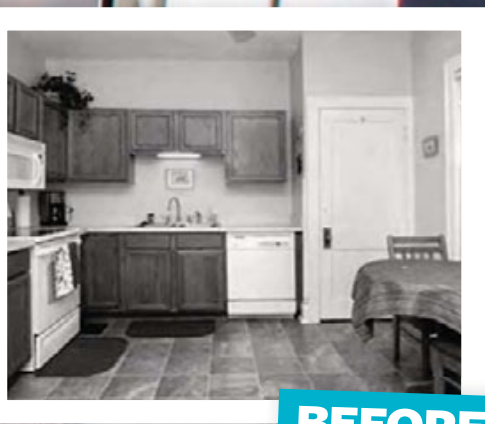


When Chelsea and Kiel Mohrman bought their home in Clintonville, Ohio, a few years ago, its outdated bungalow kitchen had nothing like the airy farmhouse feel they craved. But the handy homeowners were ready to test their DIY skills.

Kiel is an industrial designer and furniture maker. Chelsea, a nurse, writes a home and lifestyle blog, *farmfreshtherapy.com*. The design-minded duo spent nine months handcrafting their new kitchen, from the beadboard ceiling to the refinished floors. They installed handmade cabinets, put in a tiled backsplash and built a kitchen island from butcher block and metal pipe. Flea market finds and plenty of colorful dishes lent personality to the small but functional kitchen. Not including appliances, the makeover totaled just \$3,500.

“A lot of thought, dedication, blood, sweat and tears went into this space,” Chelsea says. “We are reminded every time we use it what we’re capable of accomplishing together.”

Fixer upper. The old cabinet doors were hanging on by a thread when Chelsea and Kiel moved into their 1918 bungalow.



BEFORE

Chelsea's Quick Tips



Display your dishes on open shelves.

“Believe it or not, having open cabinets is one of the best space-saving storage ideas Kiel has ever had. It keeps us from collecting more than we need and forces us to evaluate the aesthetic of what we have. Don’t love that bowl enough to display it? Then we don’t need it.”



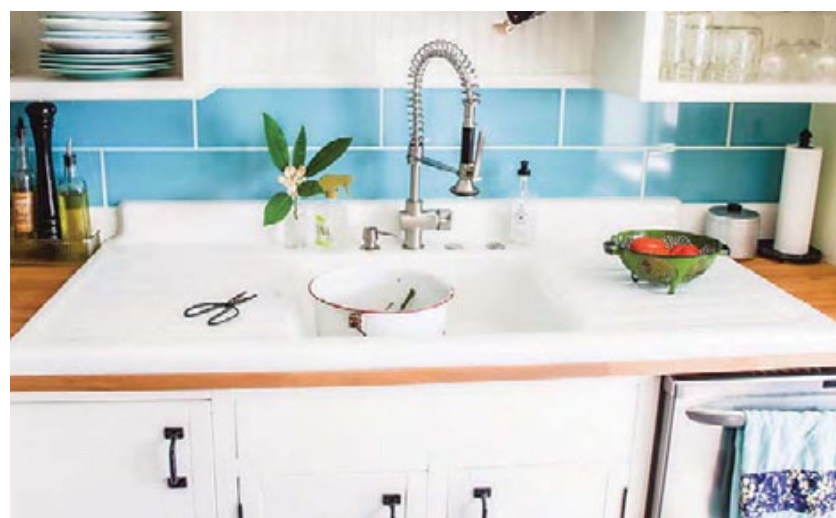
Transform a door into a chalkboard.

“The door going into the basement was the perfect place to add a chalkboard to keep grocery lists and write notes to one another—or post reminders to visitors not to let the cats out!”



Recycle materials whenever you can.

“If you have something with great potential that isn’t the right color, paint it! Scavenge back alleys for items that people are throwing out, like wood, trim or pipe.”



Hunt for standouts at bargain prices.

“Hands down, our \$20 cast-iron sink is our favorite part of the kitchen. We bought it on Craigslist before we even bought the house. The huge basin and side drain boards are so convenient when it comes to prepping meals and cleaning up afterward.” ■

Get the *Look!*

Freshen up your kitchen with these timeless pieces.



**School Wall
Clock.** \$29.99 at
wayfair.com

Akerby Oak Countertop.
\$129 at ikea.com



**Schoolhouse
Collection
Pendant.**
\$137.79 at
homedepot.com



**Nonslip Nesting Mixing Bowl
Set.** \$49.95 at crateandbarrel.com



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Collect water in a rain barrel to save money.

BARREL BASICS

Learn how to build your own rain barrel—and make the most of it.

1. Find ready-to-use rain barrels in garden centers, home improvement and hardware stores, and online.
2. Make one out of something as simple as a 50-gallon plastic drum. Visit countrywomanmagazine.com/rainbarrel for easy instructions.
3. Avoid drinking rain barrel water or using it on edible plants due to potential leaching from roofing materials. (Rain barrels aren't recommended for homes with tar-and-gravel roofs, asbestos shingles or treated cedar shakes.)
4. Save water for lawns, woody plants and ornamentals, as well as for washing windows or your car.
5. Check with your county extension office or local water conservation program for more helpful tips.

How to Recycle the Rain

Get a lush, healthy landscape with less water. **BY ANN WIED**

When it comes to conserving water, look to your own backyard.

That's where you can shore up some savings. Try these five easy tricks and you just might have a little extra money to drop in your rainy day fund.

Let it grow

Keep your grass between 2 1/2 and 3 inches tall. That's the length that best holds moisture and shades the soil. It also keeps weeds at bay.

Lawns need only an inch of water per week to keep growing. If you have a common grass variety that goes dormant during hot summer months, stop watering it. The lawn will regrow and green up when rain and cooler weather return.

Pick proper plants

Drought-tolerant plants and native plants with long, wide-spreading roots should be grouped together in the garden. Drought-tolerant plants include stonecrop sedum, coneflower, lavender, Russian sage, yarrow, portulaca and herbs such as thyme, sage, parsley and rosemary.

Avoid thirsty vegetable crops, such as beans and sweet corn, and container gardens that require frequent watering.

Slow the flow

Water your lawn or garden less often and only during cooler parts of the day to reduce evaporation and promote deeper root growth. Make a slight indentation in the soil around the plant so water can pond and seep in slowly.

Also, switch from a sprinkler to a soaker hose system to cut water usage up to 50 percent.

Got mulch?

Apply a 3-inch mulch layer to your garden to decrease water evaporation, keep the soil cool and discourage weed growth.

Use a rain barrel

For every inch of rain that falls on 1,000 square feet of roof, you can collect about 600 gallons of water. Besides providing a water source, these eco-friendly barrels reduce the amount of runoff flowing into waterways. They also help prevent basement flooding by keeping water away from your home's foundation. ■

Ann Wied is a consumer horticulture educator in Waukesha County, Wisconsin.



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Check Out These Seeds

Borrow packets from the library and grow your garden. BY SHARON SELZ

Spreading like weeds.

There are nearly 400 seed libraries in the U.S. and beyond, including this one in Basalt, Colorado (left).

Growing generations.

Seed library pioneer Rebecca Newburn (top) helps a new gardener decide what to grow.

Paying it forward.

Borrowers divvy up the seeds they've saved (above) from their harvest.

ard catalogs are sprouting a new role at public libraries across the country. Instead of author, title and subject, think lettuce, tomatoes and kale.

And forget the late fees. Seeds are free with one simple request—that you pay them forward.

“Our patrons check out seed packets on their library cards, just as they do books or CDs,” says Gail Owens, coordinator of the seed lending program at the regional library in Basalt, Colorado. If they have a successful harvest, patrons are asked to return seeds from the best of their yield to replenish the library’s collection for the next growing season.

Community of gardeners

Seed lending libraries grew out of the eat-local movement, says Stephanie Syson, a permaculture teacher and herbalist who helped launch the program in Basalt. And it doesn’t get more local than your own backyard.

“We gathered healthy vegetable, herb and flower seeds adapted to this environment,” Stephanie says. “Our starter stock was donated by area farmers, gardeners and seed companies that offered organic, heirloom and open-pollinated (nonhybrid) varieties.”

In the weeks before the seed library’s grand opening, volunteers gathered for sorting parties. “We divided the bulk seeds into about 2,000 small packets, labeled

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them and put on bar codes,” Gail says. “Then we sorted the plants according to the work it takes to save their seeds”—from super-easy (peas, beans, lettuce and tomatoes) to difficult (broccoli, cucumbers and pumpkins).

The library provided an ample supply of gardening books and videos, and the staff also offered workshops. In late summer, they threw a tomato-tasting party so the gardeners could share their best, Gail says.

Community outreach is the Basalt seed library’s No. 1 priority. “The town offered us a section of its public park for a seed-saving garden,” Stephanie says. “We grow about a dozen vegetables and herbs there strictly for library seeds.” A sign posted between the rows reminds park visitors not to nibble.

An idea takes root

When Rebecca Newburn helped found the Richmond Grows Seed-Lending Library in Richmond, California, in 2010, “we were one of the first housed in a public library,” she says. “We designed it as a model other communities could duplicate. Now there are nearly 400 seed libraries throughout the U.S. and in 15 other countries.”



To be planted. Gardeners who borrow seeds from the library in Basalt, Colorado, return those from their best crop to lend a hand to fellow patrons.

Many schools, churches, food pantries, museums and private homes have started seed libraries using Richmond Grows’ guide (see *Seed Reading* at right). Some are social, with folks swapping seeds and recipes. For others, the goal is to offer nutritious food in areas where it isn’t easy to find.

“Most importantly,” Rebecca says, “seed libraries reconnect us to our food, the land and the ancient rituals of our ancestors—the skills needed to save seeds and the motivation to share them.”

American Library Association President Sari Feldman sees seeds as just one way libraries go beyond the bookshelf. “Libraries now offer e-books, musical instruments, tools and toys—all ways to connect with the community and promote sharing,” she says. And they may be turning bookworms into green thumbs in the process. ■



Seed Reading

Find a seed lending library in your area or start one yourself with help from these online guides:

- richmondgrowsseeds.org/create-a-library.html
- seedlibraries.net
- exchange.seedsavers.org
- kingcoseed.org/find-a-seed-library-near-you

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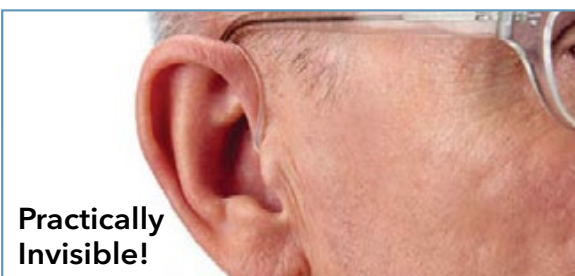
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Space-age sheen.
Copper canisters
were a '50s fave.



Shiny Objects

Flashy dishes and kitchen gadgets from the 1950s and '60s still sparkle for today's cooks and collectors. **BY BARBARA J. EASH**

Fashionable canisters

Brides-to-be in the late 1950s dreamed of receiving Kromex kitchenware. Made of lightweight spun aluminum, the products wooed customers with their sleek design, satiny finish and colors ranging from turquoise to classic copper.

The Kromex nesting canister set was a best-seller. Raised lettering on the snug-fitting lids identified flour, sugar, coffee and tea, and the handles were made in a fun push-button shape associated with the burgeoning Space Age. Kromex satisfied postwar consumers with matching salt and pepper shakers, spice sets, bread boxes and cake carriers.

Alcoa Aluminum made the line between 1957 and 1960, before the company switched to industrial production. A four-piece canister—\$6.88 in 1960—is now worth more than \$100 in mint condition. Complete sets are hard to find, but pieces are sold separately online, at estate sales and in antiques malls.

Cleaning tip: Vintage Kromex pieces should be cleaned only with products sold specifically for use on aluminum surfaces. These thin-bodied pieces scratch and dent easily.

Colorful tumblers

Most kids of the '50s and '60s recall wrapping their hands around jewel-toned aluminum tumblers and sipping Kool-Aid during the summer. These metallic cups were anodized, a process that made them unbreakable, rust-resistant and colorfast—just the thing for picnics and camping. The majority were made in Italy by two companies, Sunburst and Bascal, and sold for less than \$1 apiece.

Many tumblers were grocery store giveaways. In 1954, the nationwide Borden dairy filled them with cottage cheese and encouraged shoppers to collect eight-piece sets by offering a different color every week.

Old aluminum tumblers with worn coatings and

“A four-piece canister set, priced at \$6.88 in 1960, is now worth more than \$100 in mint condition.”



Hot and cold.
Penguin bucket keeps contents warm or cool.



Morning brew.
Coffee lovers fell for slick plug-in percolators like this one.



Techno tumblers.
Fans still thirst for fun cups like these.

paint should be used as decorative pieces only, but many food-safe reproductions are pretty easy to find. You should be able to purchase vintage tumblers in good condition for \$6 each.

True brew

Coffee fans across America perked up in 1949 with the dawn of the Flavo-Matic Percolator. Made by the West Bend Aluminum Co., the new model was a fully automatic upgrade of the company's stovetop percolator. Just plug it in and let it brew, ads advised, “to the exact peak of flavor.”

The Flavo-Matic was sold in basic aluminum as well as three trendy colors of the day, Sunset Gold, Delphinium Blue and Cherry Red. The 6- to 8-cup percolator sold for \$11.95 to \$13.95. Today, expect to pay around \$65 for one in excellent working condition with all parts included—basket insert, stem, lid, glass finial and original cord.

Note: When this vintage percolator is plugged in, the exterior metal gets very hot.

Polar opposites

Another novel product from West Bend left buyers cold—and hot. Patented in 1941, the Penguin Hot and Cold Server doubled as an ice bucket and food warmer.

Embossed with eight waddling penguins, this chrome container graced many a buffet table at get-togethers in the '50s and '60s. Collectors today love it for its Art Deco style, complete with sloping handles that resemble penguin flippers. It can be used for everything from warming chocolate to storing plastic bags or food scraps for composting. A container in poor condition will cost a few dollars; in excellent shape, it's worth \$50 to \$95. ■

Barbara J. Eash is a certified personal property appraiser who specializes in antiques and collectibles.

BRIGHT IDEA!
Make this Orb Light
Pendant (see page 30).



BRIGHT IDEA!
Knot short lengths of
jute or rope to make
simple door pulls for
your craft cabinets.

Refresh & Renew

Give new life to thrift store finds.

PROJECT 1 ARMOIRE TO CRAFT CENTER

WHAT YOU'LL NEED

TV armoire

Pegboard cut to dimensions of armoire backing

Pegboard organizer kit or single pegboard hooks (sold at hardware stores)

Dowels, buckets and crates of varying diameters and sizes

Coarse- and medium-grit sandpaper

Latex primer and paint (we used semigloss)

Foam board

Cork squares or panels

Fabric

Fabric ribbon

Fabric glue (quick-drying)

Wood glue

Small finish nails

Hammer

Paintbrush and roller

Craft knife

Glue gun

Nail gun

Power sander, optional

Needle-nose pliers, optional

DIRECTIONS

1. Pry off armoire backing with hammer claw (use needle-nose pliers if hammer claw is too large); discard backing.

2. Sand armoire by hand or with a power sander using coarse, then medium-grit sandpaper. Wipe all of the surfaces clean of dust.

3. Protect work area with drop cloth or paper. Apply 1 coat of primer with a roller and paintbrush, where necessary, and let dry. Cover with 2-3 coats of

paint, letting each dry completely before applying the next coat.

4. Sand the pegboard with medium-grit sandpaper; wipe clean of dust.

5. Paint pegboard, using roller. Apply 2-3 coats, letting each dry before applying the next coat.

6. Attach pegboard to back of armoire using nail gun. (Have a helper hold the board in place.)

7. For the bulletin boards, measure recessed panels on inside of doors and cut foam board and cork to size with craft knife. Position cork on top of foam and secure with hot glue.

8. Place bulletin board, cork side down, on wrong side of fabric. Trim fabric, leaving a 1-in. border around edge. Run hot glue along back of one long side of board close to the edge. Pull fabric taut and over glue to secure in place. Repeat on opposite side, then finish short sides, folding in corners as if wrapping a present.

9. Attach bulletin boards to inside of armoire doors with wood glue. To set glue, gently tap a finish nail through cork, slightly piercing armoire door at corners of bulletin board, being careful not to drive the nail too far into the wood. (Have a helper hold the door steady.) Let glue set overnight. Remove nails gently.

10. Create a holder for cards or paper instructions by cutting 2 pieces of fabric ribbon and placing them lengthwise over the bulletin board to form an X. (Trim ends even to the angle of



We found this armoire at a thrift shop for \$33. Customize yours with colors that suit your style.

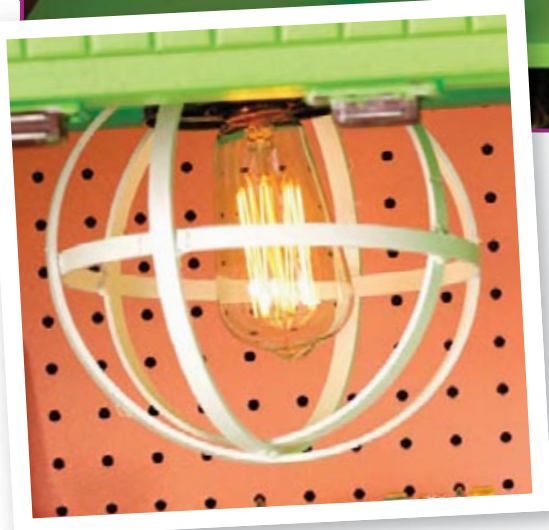
the board.) Glue in place 1 piece at a time at the corners only, using quick-drying fabric glue.

11. To finish: Measure a continuous length of ribbon around entire edge of bulletin board, making corner folds at each turn and pinning as you go. Glue in place along all edges and at corners. If the armoire has inside shelves, add ribbon trim to the edge of each shelf, using hot glue. (Fold over edges to make neat ends.) Arrange hardware from organizer kit on pegboard as needed.



BRIGHT IDEAS

- ✦ Cover clothespins with washi tape or colorful scrapbook paper. Use with hooks to secure a lightweight basket to pegboard.
- ✦ Store rolls of thread on a spool rack.
- ✦ Use egg cartons to hold beads and charms for jewelry crafts. (Find more uses for egg cartons on page 14.)
- ✦ Hang rolls of ribbon, washi tape and craft paper over wooden dowels attached to pegboard hooks.
- ✦ Repurpose soup cans to hold knitting needles, paintbrushes or pencils.



Orb Light Pendant

Embroidery hoops, some spray paint and a light kit combine to brighten up your craft center.



Get hands-on with more DIY projects at countrywomanmagazine.com/home-crafts.

WHAT YOU'LL NEED

Four 7-in. embroidery hoops
Pendant light kit with Edison bulb
Spray paint
Small fine-tooth handsaw
Glue gun

DIRECTIONS

1. Remove all embroidery hardware from hoops. Mark off a 2¼-in. length on 3 hoops. (Keep the fourth hoop intact.)
2. Cut out the marked lengths with a small fine-tooth handsaw to create an opening for the light socket.
3. Make the orb: Hold the uncut hoop horizontally; position a cut hoop inside it to make a plus sign at the joins, keeping the cut end at the top. Hot glue where

the hoops join. Add the remaining 2 cut hoops around the outside of the ring, crisscrossing them at the bottom and keeping cut ends at the top. Glue all joins and allow to dry completely.

4. Assemble pendant light kit according to directions.
5. Before you paint, test that the orb fits over the bulb and socket. It should rest on the outside edge of the socket ring.
6. Spray paint the orb fixture in a ventilated area. Let it dry thoroughly before attaching it to the pendant light.

Note: To position light inside an armoire, drill a hole in the top of the cabinet and drop the pendant light in before attaching the orb to the socket ring.

PROJECT 2 DO-OVER FOR OLD DRESSER



WHAT YOU'LL NEED

Old dresser
Beadboard panels
Balsa wood (available at crafts stores)
Silhouette shapes of choice
High-quality latex primer and paint
Clear polyurethane varnish
Paintbrush
Coarse- and fine-grit sandpaper
Wood glue
Drill
Table saw

DIRECTIONS

1. Sand dresser with coarse-grit sandpaper and wipe down. Apply primer.

2. Lightly sand primed dresser with fine-grit sandpaper. Wipe down. Apply 2 coats of paint, sanding after each coat. Be sure to wipe down dresser after each sanding.

3. Measure the front of drawers and cut beadboard panels lengthwise to size.

4. Glue beadboard panels to the drawers; let dry.

5. Paint dresser knobs as desired; let dry.

6. Drill holes in beadboard through the original hardware holes on drawers. Attach knobs.

7. Trace silhouettes onto balsa wood and cut out. Apply primer to each shape; let dry. Paint shapes and, when dry, lightly sand edges smooth with fine-grit sandpaper. Wipe down. Apply clear polyurethane varnish as a final coat; let dry. Glue shapes to beadboard.

Note: "It's always a great idea to sand down old furniture before you prime it," says KariAnne. "Start with a coarse 60-grit sandpaper and then use a finer grit for a smooth finish. For the balsa wood shapes, I used 120-grit sandpaper."



Blogger KariAnne Wood often sees potential in pieces that otherwise would be tossed aside. She shows us how to update an

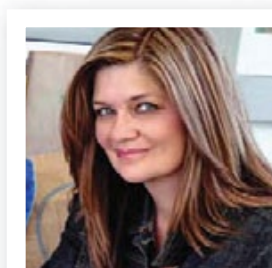
old dresser with this inspiring project. Find more tutorials like this at thistlewoodfarms.com.



BEFORE



PROJECT 3 NEW PURPOSE FOR LADDER



"Repurposing is my passion," says Donna Williams, the talented crafter behind Funky Junk

Interiors. So what did she use for a little extra storage space in her laundry room? "A ladder, of course!" Find more of her fun and unexpected makeovers at funkyjunkinteriors.net.

WHAT YOU'LL NEED

Sturdy wood A-frame ladder that fits your space
Wood planks
Wood blocks
½-in. wood dowel or tree branch of even thickness
Sandpaper
Latex paint (optional)
Drill
Nail gun (optional)
Saw

DIRECTIONS

1. Sand ladder and wood planks. Paint if desired.
2. Cut planks at least as long as the distance between the two side rails.
3. Lay ladder on floor or workbench with the inner

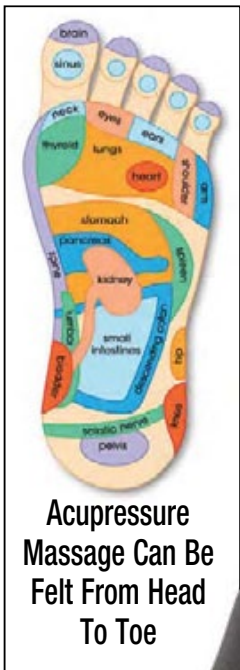
side rail facing down. Place wood planks across the underside of the rail and attach using a screw and drill or a nail gun.

4. To add a hanger rung to the back rail, measure the distance between the two back side rails. Cut wood dowel or branch to this length. Place at desired position and screw in place through outside of the rails.

5. For added support, drill wood blocks to the studs of your walls just below where the ladder will hang. Attach the ladder just above the wood blocks, drilling into wall studs.

6. Drill the angled back rail to the wall using wood blocks behind it to make it flush against the wall. ■

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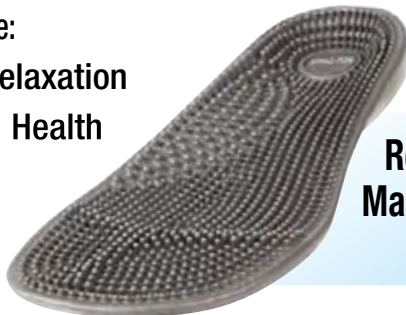
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Fresh Take on Deviled Eggs

One simple base recipe, a dozen updates on an Easter classic!

BASE RECIPE

Cut 6 hard-cooked eggs in half as noted in each recipe. Remove yolks; set aside whites. Mash yolks in a small bowl. Add stir-ins; mix well. Stuff or pipe into egg whites. Garnish. Refrigerate until serving.

Hop-to-It Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half widthwise. Cut a thin slice from the bottom of each half so it sits flat.

Stir-ins: Add $\frac{1}{4}$ cup mayonnaise, 1 Tbsp. sweet pickle relish, $\frac{1}{2}$ tsp. honey mustard and a dash each of salt and pepper to yolks; mix well.

Garnish: Top with alfalfa sprouts. Tuck ends of a chive into each egg for handles. Sprinkle with candy-coated sunflower kernels before serving.

Chicks-on-the-Ranch Deviled Eggs

PREP/TOTAL TIME: 25 MIN.

MAKES: $\frac{1}{2}$ DOZEN

Cut: Cut a thin slice from the bottom of each egg, so it sits flat. Cut the top third from each egg.

Stir-ins: Add $\frac{1}{4}$ cup shredded Parmesan cheese, $\frac{1}{4}$ cup prepared ranch salad dressing, 1 tsp. Dijon mustard and a dash of pepper to yolks; mix well. Spoon into the egg white bottoms; replace tops.

Garnish: Cut feet and small triangles for beaks from carrot chips. Gently press capers into the filling for eyes; add beaks. Place a small piece of fresh dill in tops for tuft of feathers. Place feet in front.

Dill-icious Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add $\frac{1}{4}$ cup mayonnaise, 2 tsp. snipped fresh dill, $\frac{1}{2}$ tsp. Dijon mustard and dash each salt and pepper to yolks; mix well.

Garnish: Cut a carrot into small pieces. Place carrot pieces and fresh dill on eggs.

Salsa Dipper Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add $\frac{1}{4}$ cup salsa, 2 Tbsp. mayonnaise, 1 finely chopped green onion and dash each salt and pepper to yolks; mix well.

Garnish: Break blue tortilla chips in half. Place tortilla chips and salsa on eggs just before serving.

Lone Star Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add 3 Tbsp. mayonnaise, 2 Tbsp. barbecue sauce, $\frac{1}{2}$ tsp. Dijon mustard and dash each salt and pepper to yolks; mix well.

Garnish: Cut $\frac{3}{4}$ cup refrigerated fully cooked barbecued shredded beef into 1-in. pieces. Garnish eggs with beef and barbecue sauce.

Dazzling Dirty Martini Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add 8 finely chopped blue cheese-stuffed olives, 3 Tbsp. mayonnaise, $1\frac{1}{2}$ tsp. minced fresh parsley, $1\frac{1}{2}$ tsp. vodka, $\frac{1}{2}$ tsp. olive juice and $\frac{1}{8}$ tsp. cayenne pepper to yolks; mix well.

Garnish: Top with blue cheese-stuffed olives. Sprinkle with kosher salt and coarsely ground pepper.



HOP-TO-IT
DEVILED EGGS



CHICKS-ON-
THE-RANCH
DEVILED EGGS

DILL-ICIOUS
DEVILED EGGS





Hoisin-It-Nice Deviled Eggs

PREP/TOTAL TIME: 25 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add ¼ cup mayonnaise, 1 tsp. hoisin sauce, ½ tsp. reduced-sodium soy sauce and dash ground ginger to yolks; mix well.

Garnish: Sauté 12 raw small shrimp, peeled and deveined, with 2 tsp. hoisin sauce, 1 minced garlic clove and 1 tsp. reduced-sodium soy sauce in 2 tsp. canola oil in a skillet until pink. Cool. Garnish eggs with shrimp, chives and hoisin sauce.

Little Italy Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add ½ cup mayonnaise, 2 Tbsp. toasted and finely chopped walnuts, 2 Tbsp. finely chopped oil-packed sun-dried tomatoes, 2 tsp. grated Parmesan, ⅛ tsp. garlic powder and dash each salt and pepper to yolks; mix well.

Garnish: Place fresh basil on each just before serving.

West Coaster Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add 2 Tbsp. mayonnaise, 2 Tbsp. guacamole, 1 tsp. minced fresh cilantro, ⅛ tsp. garlic powder, ⅛ tsp. cayenne pepper and dash salt to yolks; mix well.

Garnish: Cook 3 thick-sliced bacon strips and cut each into four pieces. Place on eggs.

Tater Salad Deviled Eggs

PREP: 30 MIN. + COOLING **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Place ¾ cup cubed small red potatoes in a small saucepan and cover with water. Bring to a boil. Reduce heat; cover and simmer for 10-15 minutes or until tender. Drain and cool. Add the potatoes, ¼ cup mayonnaise, 2 tsp. dill pickle relish, 1 tsp. Dijon mustard and dash each salt and pepper to yolks; mix well.

Garnish: Sprinkle with parsley.

Curry On Deviled Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half lengthwise.

Stir-ins: Add ⅓ cup hummus, 2 Tbsp. olive oil, 2 Tbsp. minced roasted sweet red peppers, 1½ tsp. lemon juice, ¼ tsp. salt, ¼ tsp. curry powder and dash pepper to yolks; mix well.

Garnish: Top with chives and roasted sweet red pepper pieces.

Li'l Devil Eggs

PREP/TOTAL TIME: 20 MIN. **MAKES:** 1 DOZEN

Cut: Cut eggs in half widthwise. Cut a thin slice from the bottom of each half so they sit flat.

Stir-ins: Cut 1 sweet red pepper in half and finely chop one half. Add chopped red pepper, ¼ cup reduced-fat chipotle mayonnaise, 2 Tbsp. finely chopped pickled jalapeños, ½ to ¾ tsp. hot pepper sauce and dash salt to yolks; mix well.

Garnish: Sprinkle with smoked paprika. Cut horns from remaining pepper half and press into filling. ■



PROSCIUTTO & CHEDDAR
BREAKFAST BISCUITS

Mother's Day BRUNCH

Treat Mom to freshly baked, buttery good biscuits served her way—sweet or savory. She deserves them!



Prosciutto & Cheddar Breakfast Biscuits

When my family visits, I love to make my nephew Robbie happy by making any breakfast with pork and cheese. I created this as a twist on the traditional breakfast sandwich.

—KELLY BOE WHITELAND, IN

PREP: 30 MIN. • **BAKE:** 15 MIN.

MAKES: 6 SERVINGS

- 2½ cups biscuit/baking mix**
- ½ cup 2% milk**
- 3 Tbsp. butter, melted**
- 1 to 2 Tbsp. minced fresh chives**

EGGS

- 6 eggs**
- 2 Tbsp. 2% milk**
- ¼ tsp. salt**
- 2 oz. thinly sliced prosciutto or deli ham, cut into strips**
- 2 green onions, chopped**
- 1 Tbsp. butter**
- ½ cup shredded cheddar cheese**

- 1.** Preheat oven to 425°. In a bowl, combine biscuit mix, milk, melted butter and minced chives; mix just until moistened.
- 2.** Turn dough onto a lightly floured surface; knead gently 8-10 times. Pat or roll to ¾-in. thickness; cut with a floured 2½-in. biscuit cutter. Place 2 in. apart on an ungreased baking sheet. Bake 12-14 minutes or until golden brown.
- 3.** Meanwhile, in a large bowl, whisk the eggs, milk and salt. Place a large

skillet over medium heat. Add the prosciutto and green onions; cook until prosciutto begins to brown, stirring occasionally. Stir in butter until melted. Add egg mixture; cook and stir until eggs are thickened and no liquid egg remains. Stir in cheese; remove from heat.

- 4.** Split warm biscuits in half. Fill with egg mixture.

Biscuit Baking Mix

You need just four pantry staples to put together this versatile mix, which makes a great gift. I use it in recipes that call for store-bought baking mix. It's the key to lightly browned biscuits, fluffy dumplings and scones.

—TAMI CHRISTMAN

SODA SPRINGS, ID

START TO FINISH: 5 MIN.

MAKES: 12 CUPS

- 9 cups all-purpose flour**
- ¼ cup baking powder**
- 1 Tbsp. salt**
- 2 cups shortening**

In a large bowl, mix the flour, baking powder and salt; cut in the shortening until the mixture resembles coarse crumbs. Store baking mix in an airtight container in a cool dry place or in freezer for up to 8 months.

Cinnamon-Sugar Scones

I bring these light, sugar-topped treats to every event. They're always a huge hit with kids and adults.

—KATHY MONAHAN JACKSONVILLE, FL

PREP: 20 MIN. • **BAKE:** 20 MIN.

MAKES: 8 SCONES

- 3 cups Biscuit Baking Mix (see recipe, left)**
- ¼ cup sugar**
- ½ cup (4 oz.) vanilla yogurt**
- ⅓ cup 2% milk**
- 1 Tbsp. vanilla extract**
- 1 cup cinnamon baking chips or semisweet chocolate chips**
- Cinnamon-sugar or coarse sugar**

- 1.** Preheat oven to 375°. In a large bowl, mix Biscuit Baking Mix and sugar. In another bowl, whisk the yogurt, milk and vanilla; stir into dry ingredients just until moistened. Stir in chips. Turn onto a lightly floured surface; knead gently 10 times.
- 2.** Pat into a 9-in. circle. Sprinkle with the cinnamon-sugar. Cut into eight wedges. Place wedges on an ungreased baking sheet. Bake for 20-25 minutes or until golden brown. Serve warm.



For super-tender biscuits, use a light hand to knead until the dough just comes together.

WHOLE WHEAT
STRAWBERRY SHORTCAKES

Whole Wheat Strawberry Shortcakes

Nothing says spring better than a fresh strawberry shortcake. Heaven! My mother and I usually make this with strawberries we picked ourselves.

—SARAH HATTER BRODHEAD, WI

PREP: 45 MIN. + CHILLING

BAKE: 15 MIN. + COOLING

MAKES: 6 SERVINGS

2½ cups fresh strawberries, hulled

1 to 2 Tbsp. maple syrup

SHORTCAKES

2 cups whole wheat flour

2½ tsp. baking powder

½ tsp. salt

¼ tsp. baking soda

½ cup cold butter, cubed

1 egg

½ cup 2% milk

¼ cup honey

Whipped cream

1. In a bowl, thoroughly mash ¾ cup strawberries; stir in syrup. Cut the remaining strawberries into ¼-in. slices; add to crushed strawberries and toss to coat. Refrigerate, covered, 1 hour.

2. Meanwhile, preheat oven to 400°. In a large bowl, whisk flour, baking powder, salt and baking soda. Cut in

butter until mixture resembles coarse crumbs. In a small bowl, whisk egg, milk and honey until blended; stir into flour mixture just until moistened.

3. Turn dough onto a lightly floured surface; knead gently 8-10 times. Pat or roll dough to ¾-in. thickness; cut with a floured 2½-in. biscuit cutter. Place 2 in. apart on parchment paper-lined baking sheets. Bake 12-15 minutes or until light brown. Remove to wire racks to cool slightly. To serve, split shortcakes in half. Fill with strawberry mixture and whipped cream. Top with additional whipped cream. ■

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DAY 1

GLAZED SPIRAL-SLICED HAM

Cook Once, SERVE TWICE!

Make one fabulous dish for your family. Then turn extras into a completely different (but just as delicious) next-day entree.

Glazed Spiral-Sliced Ham

In my mind, few foods in a holiday spread are as tempting as a big baked ham. I always hope for leftovers so we can have ham sandwiches later.

—EDIE DESPAIN LOGAN, UT

PREP: 10 MIN. • **BAKE:** 1 HOUR 35 MIN.

MAKES: 12 SERVINGS

- 1 spiral-sliced fully cooked bone-in ham (7 to 9 lbs.)**
- ½ cup pineapple preserves**
- ½ cup seedless raspberry jam**
- ¼ cup packed brown sugar**
- ¼ tsp. ground cloves**

1. Preheat oven to 300°. Place the ham directly on roasting pan, cut side down. Bake, covered, for 1¼ to 1¾ hours.

2. In a bowl, mix the remaining ingredients. Spread over ham. Bake, uncovered, 20-30 minutes longer or until a thermometer reads 140° (do not overcook).

Scalloped Potatoes 'n' Ham Casserole

I'm a home health nurse and got this recipe from an elderly client who had used it for years. Now it's one of my family's favorites. It will never curdle, thanks to the secret ingredient of powdered nondairy creamer.

—KATHY JOHNSON LAKE CITY, SD

PREP: 25 MIN. • **BAKE:** 1 HOUR

MAKES: 6 SERVINGS

- ¾ cup powdered nondairy creamer**
- 1¾ cups water**
- 3 Tbsp. butter**
- 3 Tbsp. all-purpose flour**
- 2 Tbsp. dried minced onion**
- 1 tsp. salt**
- ¾ tsp. paprika**
- 6 large potatoes, peeled and thinly sliced**
- 2 cups diced fully cooked ham**
- 1 cup (4 oz.) shredded cheddar cheese**

1. Preheat oven to 350°. In a small bowl, mix creamer and water until



DAY 2

SCALLOPED POTATOES 'N' HAM CASSEROLE

smooth. In a small saucepan, heat butter over medium heat. Stir in flour, onion, salt and paprika until smooth; gradually add creamer mixture. Bring to a boil; cook and stir 1-2 minutes or until thickened.

2. In a greased 13x9-in. baking dish,

layer potatoes and ham; pour sauce over top. Bake, covered, 15 minutes. Uncover dish; bake 40-50 minutes longer or until potatoes are tender. Sprinkle with shredded cheese; bake another 5-10 minutes or until edges are bubbly and cheese is melted.

QUICK RECIPES

Garlic Lime Salmon

This moist and tender fish is lightly seasoned, so it's easy to transform leftovers in other recipes.

—GAIL UCHWAT SAND SPRINGS, OK

START TO FINISH: 30 MIN.

MAKES: 8 SERVINGS

- ½ cup canola oil**
- 1 medium onion, finely chopped**
- 2 Tbsp. lime juice**
- 1 tsp. grated lime peel**
- 1 garlic clove, minced**
- 2 salmon fillets (about 1½ lbs. each)**

Preheat broiler. In a small bowl, mix the first five ingredients. Place salmon fillets on a broiler pan, skin side down. Broil 4-6 in. from heat 15-20 minutes or until fish just begins to flake easily with a fork. Brush frequently with onion mixture during last 5 minutes of cooking.

Creamy Salmon Linguine

Salmon gives this creamy pasta toss a luxurious taste and texture. We love it as is, but you could easily sub in any veggies you have on hand for the broccoli—or add more.

—JACOB KITZMAN SEATTLE, WA

START TO FINISH: 25 MIN.

MAKES: 5 SERVINGS

- 8 oz. uncooked linguine**
- 1 bunch broccoli, cut into florets**
- 2 Tbsp. butter**
- 2 garlic cloves, minced**
- 2 cups heavy whipping cream**
- 2 Tbsp. lemon juice**
- 1 lb. fully cooked salmon, flaked**
- ¼ tsp. salt**
- ¼ tsp. pepper**
- 1 cup shredded Parmesan cheese**
- 3 Tbsp. minced fresh basil or 1 Tbsp. dried basil**
- 2 Tbsp. capers, drained**
- 2 tsp. grated lemon peel**

1. Cook the linguine according to package directions, adding broccoli during the last 5 minutes of cooking.

2. Meanwhile, in a large skillet, heat butter over medium heat. Add garlic; cook and stir 1 minute. Stir in cream and the lemon juice. Bring to a boil. Reduce heat; simmer, uncovered, for 2-3 minutes or until slightly

thickened, stirring constantly. Add flaked salmon, salt and pepper; heat through. Drain linguine and broccoli; add to skillet. Stir in Parmesan cheese, basil, capers and grated lemon peel. ■

DAY 1

GARLIC LIME SALMON



DAY 2

CREAMY SALMON LINGUINE



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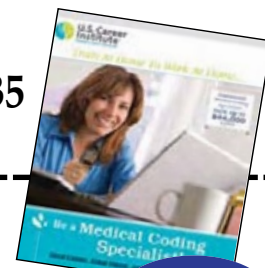
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DESSERT ON THE GO

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Picnic Berry Shortcakes

You can make the berry sauce ahead of time and chill. Then assemble the entire dessert a couple of hours before serving.

—TASTE OF HOME TEST KITCHEN

PREP: 20 MIN. + CHILLING
MAKES: 4 SERVINGS

- 2 Tbsp. sugar
- ½ tsp. cornstarch
- 2 Tbsp. water
- 2 cups sliced fresh strawberries, divided
- ½ tsp. grated lime peel
- 2 individual round sponge cakes
- 2 cups fresh blueberries

1. In a small saucepan, mix sugar and cornstarch. Stir in water. Add 1 cup strawberries; mash mixture. Bring mixture to a boil; cook and stir for 1-2 minutes or until thickened. Remove from heat; stir in lime peel. Transfer to a small bowl; refrigerate, covered, until chilled. Cut the sponge cakes in half widthwise; trim each cake to fit in the bottoms of four wide-mouth half-pint canning jars. In a small bowl, mix blueberries and remaining strawberries; spoon over cakes. Top with sauce. ■

BRIGHT IDEA!

Just before serving, add a big dollop of whipped topping.



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Reported by J. Page

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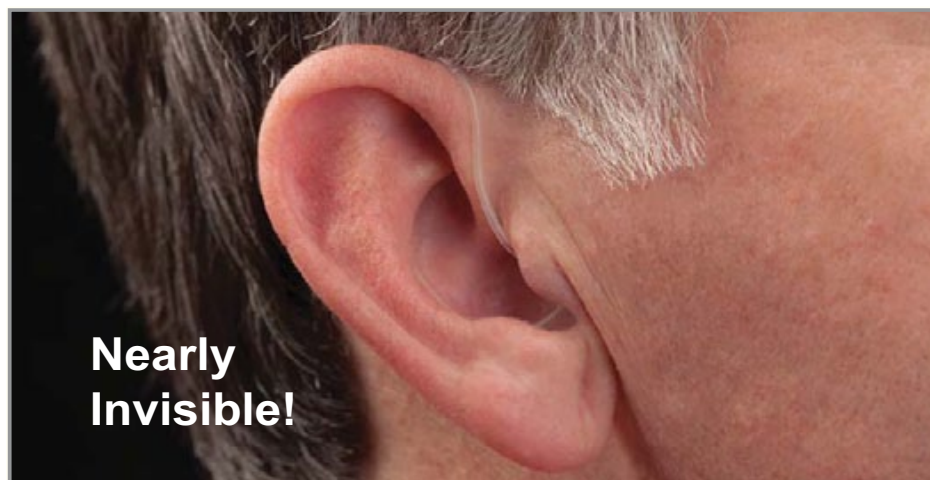
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COUNTRY AT HEART

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COUNTRY AT ART

Towering Exposure

Muralist takes her painting to new heights for all to see.

Some artists dream of displaying their paintings in big-city galleries, but Susan Dailey is happy to create towering art in the heart of rural Colorado.

Her mural depicting a farm family at harvesttime graces a historic grain elevator in the small town of Berthoud, about 45 miles from Denver. “Facing such a huge canvas can be overwhelming,” Susan says. “But I like the element of surprise as I see the pieces coming together.”

Susan Dailey gets a lift to finish her sky-high project.





Colorado wildlife, like the deer depicted in this mosaic, flourish along the St. Vrain Creek in Longmont. Artists Susan Dailey and Juli Schrader crafted handmade tiles to piece together the nature-inspired work for a community park.

The Fort Collins resident devoted 10 months to this public art project. Working with fellow artist Eleanor Yates, Susan created a 55-foot-tall mural, *Berthoud's Roots*, on the elevator, which was built around 1925.

"It's a tribute to both the town's agricultural past and the present spirit of the community," Susan says. "The round hay bales symbolize farming techniques practiced today. We used local people as our models."

Once the community approved a mock-up, the artists divided it into a grid and enlarged each segment into a 5-foot-square cloth panel, then painted the panels. "We worked from bucket lifts, adhering 55 panels to the concrete elevator wall with acrylic gel," Susan says. "After that, we painted the finishing touches and added a coat of weather-resistant sealer."

Tourists have to crane their necks to take in the larger-than-life scene.

"That's what I enjoy about painting on a grand scale," Susan says. "Viewers feel surrounded by

"Viewers feel surrounded by the painting—as if they could walk in and become part of it."

—SUSAN DAILEY

the painting—as if they could walk in and become part of it."

Her first brush with agriculture came during childhood visits to her grandparents' farm. "Those happy memories and pictures from their photo albums inspire many of my paintings," she says.

Travelers in Colorado, Idaho and New Mexico find Susan's creations cropping up in many unexpected places. A multimedia artist, she's created public murals, mosaics and sculptures to decorate schools, libraries, parks and even

a walking trail underpass. Recently a third-generation farm family commissioned her to create a tribute to their heritage wrapped around their grain bin.

"I've always loved Western landscapes—the wildlife and vast open spaces," Susan says. By preserving them in paint, "I hope people will remember the importance of good stewardship, so this beauty will remain for generations." ■



Cooped up with one of her chickens in her studio, Susan plucks a tune. View her work at **susankdailey.com**.

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An iron-clad bond. Rachel and Eli Pettitt (*left*) forge ahead and fit shoes onto horses of all kinds, from mini ponies to pro rodeo horses.

Pony pedicure. Eli trims a client's hooves during a typical workday on the ranch at her farrier business, Diamond E. Horseshoeing.



Hooves in Good Hands

Mother-daughter team keeps horses happy with new shoes.

If your idea of a horseshoer is a burly man with an anvil, it behooves you to meet Eli Pettitt and her daughter Rachel.

"Female farriers like us are still a novelty," Eli says from her Platteville, Colorado, ranch. But that hasn't stopped clients from as far away as Wyoming and Nebraska from putting their horses' feet into these women's manicured hands.

A lifelong horse lover, Eli graduated from farrier school and launched her business, Diamond E. Horseshoeing, 26 years ago. "When I meet first-time clients, some still ask where my husband is," she says. Rachel was born into the business. "I was actually shoeing horses when I went into labor," Eli says.

Hoofing it

Over the summer and on weekends (Rachel currently attends college), the two hop into a truck hauling a trailer full of propane, a forge, an

anvil, hoof trimmers and assorted hand tools. "We service all breeds and disciplines," Eli says, "from beloved backyard pets and dude ranch ponies to pro rodeo horses and Olympic hopefuls."

Eli and Rachel take it in stride when a new customer shows up expecting a male farrier. Their skill and speed convert any doubters.

"When we start clicking as a team, it's amazing," Eli says. "We can shoe a horse in 30 minutes, up to 70 in a week. That's 280 hooves!"

The perfect fit

To start each equine pedicure, Rachel pulls off old shoes and nails. Then Eli sizes and shoes the animal, trims off excess hoof and smooths the edges with a metal rasp. Rachel does the finish work, meticulously cleaning the hoof, nipping off nail tips and nailing the shoe in place.

The stock at a women's shoe store pales in comparison to the variety Eli carries. "Our sizes fit

mini ponies to draft horses," she says. "We have traction shoes for mountain climbing, sliders for reining horses, and racing plates made of lightweight aluminum and titanium for runners. What I don't have, I handcraft on the forge so each horse gets a custom fit."

Feminine touch

Occasional run-ins with half-ton customers have left Eli with broken fingers, bruised ribs and more. But those cases are the exception. "Women have a knack for reading a horse's temperament and calming the most cantankerous animals," she says. "We have a maternal instinct that can be advantageous."

Far from trying to blend in with their male counterparts, Eli and Rachel enjoy wearing bright colors with blingy belt buckles and hot pink farrier aprons. "I've always liked standing apart from the crowd," Eli says. "And I absolutely love being a woman in this profession!" ■

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Faith in Farming

A nun whose mission is living in harmony with the land lets contributing editor Ann Kaiser lend a hand and share the joy.

BY ANN KAISER, CONTRIBUTING EDITOR PHOTOGRAPHY BY TIM EVANS



Learn and grow.

The Eco-Justice Center (far left) educates kids and adults alike about care of the earth.

Fresh crop. In the farm's garden, Ann transplants tomato seedlings (left) and buries eggplant and bean seeds.

Alpaca pack. Ann helps Sister Janet (below) walk a group of fleecy friends to an open pasture near a hay field.



It isn't often you find a farm operated by a Dominican nun. Sister Janet Weyker wears work clothes, provides much of the muscle and embodies the spirit of the Eco-Justice Center farm and education center near Racine, Wisconsin.

"Our mission is to teach others about sustainable living, along with conservation and care of the land," she says as we feed alpacas.

"Growing up on a dairy farm is the best preparation I had for this work."

Janet and her crew expect 6,000 visitors for farm tours, classes and special events in the coming months. I've volunteered this spring morning to help with livestock, gardening and beekeeping chores in preparation.

As we lead five fluffy, big-eyed alpacas to a nearby pasture, I

sink my hand into their super-soft fleece. They'll be sheared soon, the fiber used in carding, spinning, weaving, crocheting and felting classes.

With help from volunteers, grants and donations, the Dominican community restored the original farm buildings, some dating back to the 1800s. They also built their education center and a guest cabin, and installed a

wind turbine and solar panels that provide nearly 90 percent of the farm's power needs.

Morning chores continue as Janet and I round up the frisky Pygmy goats and take them out to graze. Favorites with farm visitors, the agile little goats keep busy leaping up on wooden crates and scurrying across a plank bridge to nibble on the grass roof of a small shed near their pen.

In the hen house, I cautiously reach under the Araucana hens in the roosting boxes and am thrilled to find warm pale blue eggs! "You're just like our campers," Janet says, chuckling. "Once the kids get over being scared of the hens, they love gathering eggs."

We feed the chickens, then tear up stale bread to toss near the pond for the guinea hens, ducks and geese that roam freely. When a goose defending its turf threatens to peck me, Janet gently scolds and scoops it up in her arms. She turns it on its back and lets me pet its downy belly. There's no question about who rules the roost!

Green habits

We stop at the 1912 farmhouse to fetch baskets of laundry. Restored and expanded, the building has a large gathering room for meetings and is home to four sisters—Janet, Mary Ann Weyker, Kathleen Bohn and Rose Marie Dischler—and Kate Kirbie, Janet's assistant.

"When our campers go on scavenger hunts, they're usually stumped when we ask them to find our wind- and solar-powered clothes dryer," Janet says with a smile as we pin damp garments to the old-fashioned clothesline.

Kate helps us load flats of vegetable seedlings, raised in the farm's greenhouse, into a golf cart. We head for the quarter-acre garden, about half planted at this point. They make their own compost and use organic methods.



1. Hen house. Ann collects fresh eggs from Araucana chickens resting in their roosting boxes.

2. Row by row. Janet lays straw down between crops in the garden.

3. Busy bees. While Janet checks the beehives for eggs, Ann calms their buzzing residents with smoke.

4. Dirty work. On a sunny spring day, Ann and the crew at the Eco-Justice Center dig holes to plant new crops in the farm's quarter-acre garden.

We hoe weeds, hill rows, dig holes for tomato plants, place tomato towers and spread straw between the rows to discourage weeds. Then we put in eggplant and bury bean seeds at the base of a trellis. Six community garden plots here are rented to city folks.

Around noon, we break for a lunch of fresh garden salad, veggie stir-fry with rice and strawberry-rhubarb dessert. "We eat fresh and healthy from our garden, and can and freeze fruits and vegetables," Janet says. Any extra produce is donated to a local food pantry.

An Eagle Scout remodeled a pig barn into the farm's honey house; Janet has trimmed it with brightly painted wood flowers and bees. Suited up in long-sleeve shirts, bee hats and gloves, we stoke the smoker and check hives. "We lost a few hives over the winter and have added some new colonies," Janet says.

I puff calming smoke at the riled-up bees as Janet opens the



Ecology Camp at the Farm

At the Eco-Justice Center's popular summer camps, kids learn about animal care, gardening, composting and renewable energy. They explore natural trails, build birdhouses, churn butter and make ice cream and bread.

Tailored for children 6 to 10 and 11 to 14, the weeklong day camps are guided by the Eco-Justice staff, naturalists and volunteers. Older kids sleep over in tents one night, with a bonfire and outdoor cooking. For details, visit racinedominicans.org/eco-jkidscamp.cfm.

4

hives. She pulls out frames to look for brood (the beeswax structure in which the queen lays eggs), indicating a healthy hive. Some hives look good, but for others she plans to phone the local bee inspector for advice.

At the Hermitage, a one-room cabin where I spent the night, I help clean and change sheets.

"It was built 'green' in 2010 with reclaimed materials and has insulation made from recycled blue jeans," Janet says, pointing out a small window in the wall that exposes the material.

Set in the woods, the Hermitage is a peaceful retreat for visitors to rest, reflect, pray or work on a

project. It has a screened porch, a kitchenette and an electric fireplace. Beautiful black walnut flooring came from a tree on the farm that was struck by lightning.

Education center hub

Attractive flower beds and displays of agricultural antiques around the property testify to Janet's artistic bent. We plant petunias in an old feed mixer near the barn and in a bucket to hang on the old hand pump. Then we put in a full flat in front of the education center.

Although new, the center's style and red paint make it fit right in with the vintage buildings. Classes on fiber arts, organic gardening,

livestock care, beekeeping and environmental topics are offered in a large main-floor classroom. There's a small kitchen, library and gift shop, with more room upstairs for small-group learning.

Whew! This workday's been nonstop—Sister Janet's normal speed. I've enjoyed getting to know her and learning about the latest chapter in her life of commitment. "As a young farm girl," she says, "I never imagined that I'd become part of a rural ministry that would bring me full circle!" ■

For more details, including events, volunteer opportunities and Hermitage reservations, go to racinedominicans.org/eco-j.cfm.

COUNTRY AT HEART

RENT A GOAT

These living lawn mowers clear land by the mouthful. **BY SHARON SELZ**



Top wrangler. Tammy Dunakin puts her hungry kids to work.



Green grazers. Tammy Dunakin unloads a trailer full of goats (above) ready to start their workday tidying up an overgrown field. One of Tammy's four-legged employees (above right) pauses to take a curiosity break.

Nobody loves her kids more than Tammy Dunakin. But she doesn't have any qualms about making them earn their keep.

"Goats are about the most eco-friendly way to rid property of unwanted vegetation," says the founder, CEO and head goat wrangler of Rent-A-Ruminant (rentaruminant.com).

Tammy, who spent most of her life on farms, runs a new breed of landscaping business on her acreage in Vashon Island, Washington. She quit a high-stress job in a trauma center to focus on her kids. "One day, while gazing at my goat pen, I thought, *You guys look bored*," she says. "I decided they really needed a job to make use of their talents."

With four-chambered stomachs and a propensity to chew their cud, Tammy's ruminants are eating up the opportunity. "Goats are browsers, so they'll chomp on brush, blackberries, thistles and most kinds of invasive plants," she says. "Since they're natural-born climbers, they can reach places people and machines can't go easily or safely."

Her hungry herd has worked for universities, major corporations, city parks and homeowners. They

even won a government contract with the U.S. Navy. "Each job is priced based on the size of the area to be munched," Tammy says. It takes 15 goats eight to 10 days to clear a quarter-acre. "They're cost effective in many cases—and you don't have to worry about carbon emissions or engine noise."

Currently, her workforce is 115 goats strong, of varying breeds, sizes and colors. Most are rescue animals. Not only does Tammy

surrounded by sturdy temporary fencing, "I still have goatmares about them escaping," she says.

One thing these critters never elude is the attention of curious onlookers. "People in nearby office buildings love watching them from their windows," Tammy says. "And schools have brought classes out to see the goats in action."

With the rising popularity of all things green, Tammy expanded her businesses through an affiliate

“Goats are about the most eco-friendly way to rid property of unwanted vegetation.”

know her goats by name, she retires them to pasture when their pro chewing days are over.

Most of their jobs are in urban areas like Seattle, so Tammy loads her kids into a trailer and ferries them to the sites. Since it's a one-woman business, she depends on her herding dogs, Pearl and Maddy, to round up the goats and keep them from escaping.

When jobs call for several days of grazing, Tammy camps alongside her nannies in a travel trailer. Although the work area is

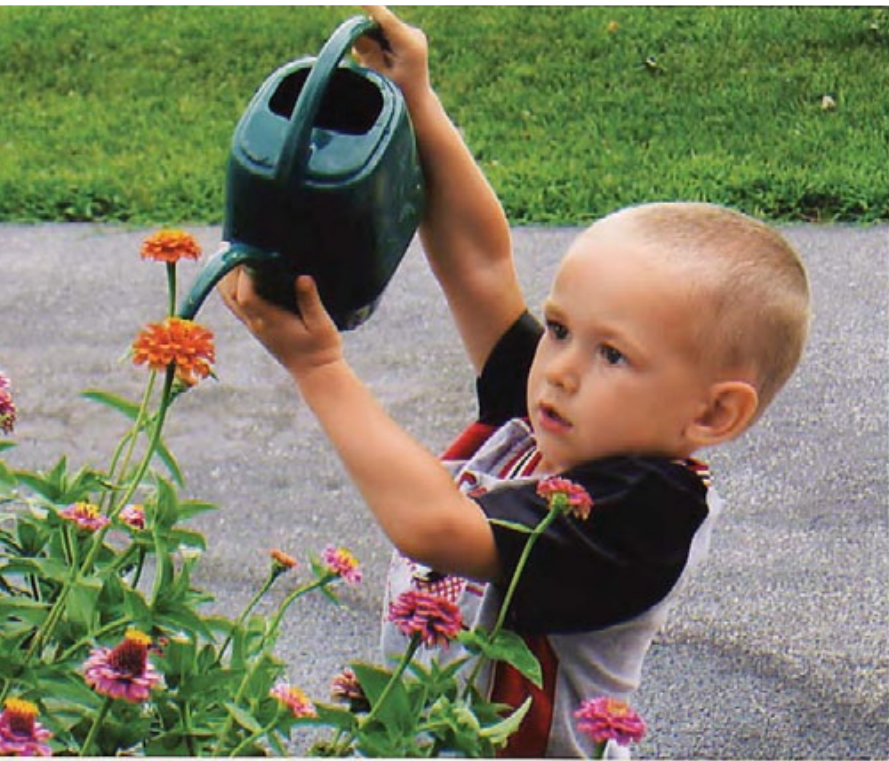
program. For a one-time fee and small annual percentage of profits, Tammy offers novice goatherds training, hands-on mentoring, equipment and the use of the Rent-A-Ruminant name. She has affiliates from Washington to New Jersey and as far away as Australia.

The rewards, Tammy promises, are more than monetary. "You won't find a lawn mower, leaf blower or bulldozer that's as much fun to work with as goats are," she says. "Also, we're doing something positive for the planet." One bite at a time. ■

Scrapbook

Favorite family photos from your backyard and beyond.

Master gardener. Joyce Shenk of Manheim, Pennsylvania, sent in this snapshot of her grandson, Bailey Garman, at 3 years old. Bailey watered carefully, making sure every single bloom got a drink.



Pappy's best farmhand. Proud grandfather Mark Giles of Corpus Christi, Texas, brags that it won't be long now before Andie will be able to reach the clutch on this tractor.

Grab a seat. Anything handy made a milking stool for Lorna Kappel of Billings, Montana. Twice-daily milkings, like this open-corral session in 1959, provided the family with plenty of fresh skim milk and cream.



Here, chick chick! Since 1951, Gay Dawn Downs of Burley, Idaho, has had one favorite chore: feeding the chickens. ■

Care to share? Got a cute photo of your kids, or a funny quip? An interesting old photo? Send it to submissions@countrywomanmagazine.com. Tell us its date and story and your relationship to the people shown. If we publish it, you'll get a free year of *Country Woman*!

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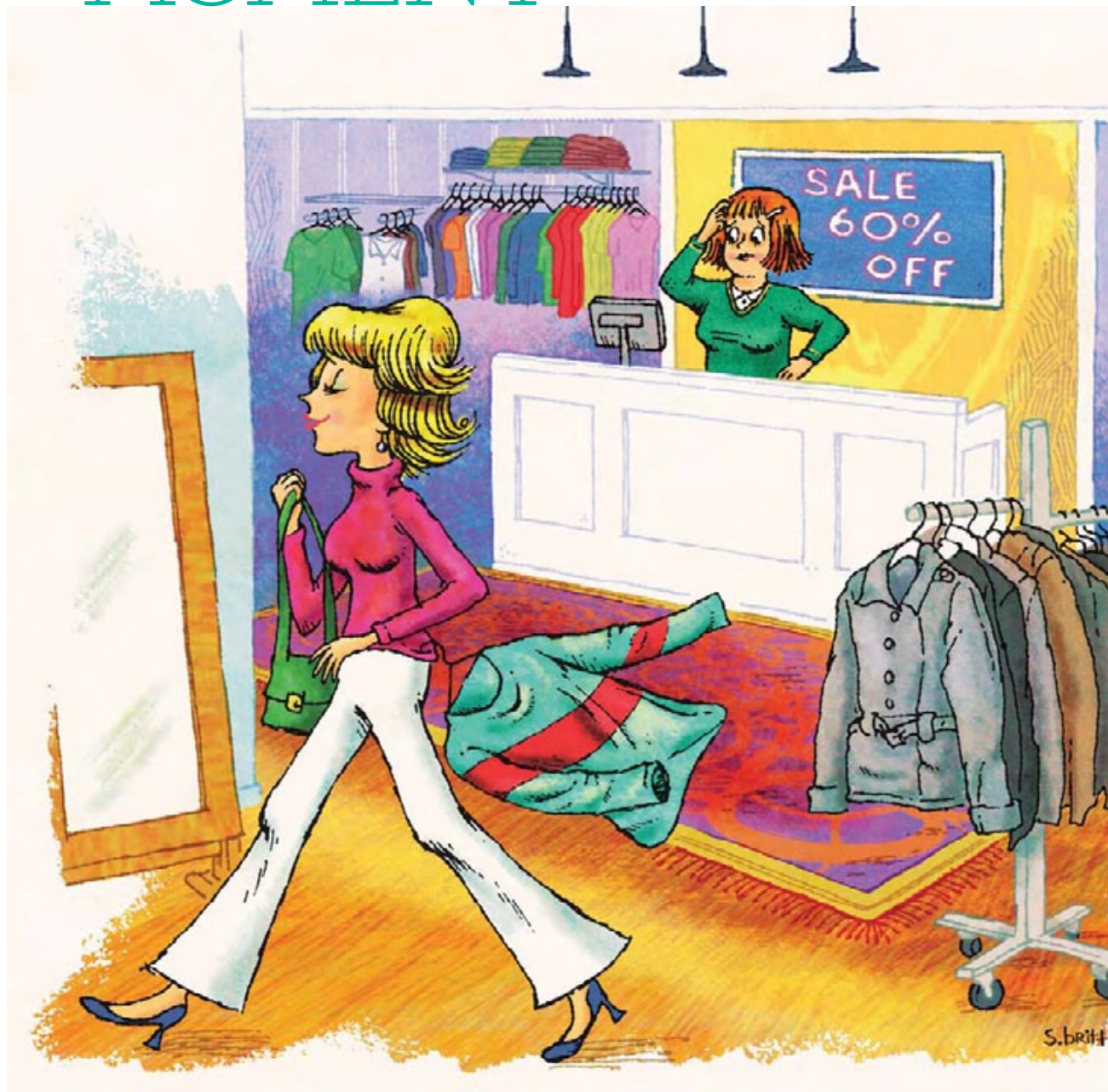
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MY MOST EMBARRASSING MOMENT



Fashion Faux Pas

Feeling an urgent need to spruce up my wardrobe, I decided to check out the end-of-winter sales at our local mall. I was excited to find that my favorite clothing store was brimming with aisle after aisle of jackets, blouses, skirts, pants and sweaters.

I combed carefully through the selection, squeezing between the jam-packed racks. Finding nothing to my liking, however, I headed toward the door. Just as I was about to exit, a saleswoman called out, "Excuse me, Ma'am. would you like to purchase that?"

Puzzled, I saw that she was pointing to my right side. Looking down, I found a hanger hooked to my belt along with a bright red blouse. My face must have been the exact same color. I quickly returned it to her and sheepishly smiled as she said, "Have a nice day!" ■ **NICOLE FOUCAULT** LUSKVILLE, QUEBEC

KID QUIPS

Chatterbox

One chilly evening, my great-granddaughter, 3, rode along with her grandma and me to help set up for a craft show. As we unloaded the pickup, she urged us with a shiver, "Hurry! My teeth are wiggling!"

JOYCE LANZENDORF
GRAND ISLAND, NE

Microwave Gourmet

When my 7-year-old asked for a snack, I told him to warm up some leftover Mexican food. After putting it in the microwave, he stood there for a second and then asked, "Where's the taco button?"

GINNY TOMPK
ABBOTSFORD, BC

Speed Reading

It was obvious our granddaughter, 3, was bored with the bedtime story I'd chosen when she thumbed ahead in the book and said, "Fast-forward, Grandma!"

JOYCE SAGEZ
JERSEYVILLE, IL

Misdiagnosis

During show-and-tell, my great-nephew announced to the class that his grandmother had been in the hospital.

When his teacher asked how she was doing, he replied, "She had her independence taken out." Luckily, it was only her appendix!

RON JENNINGS
TENINO, WA

Changing Spaces

Her father's job took my young friend Jenny and her family to London for six months. Whenever she met someone new, the 5-year-old would proudly announce, "We're not from this planet—we're from America!"

LANA HOLLAND
IRVING, TX

An Ounce of Hydrogen Peroxide is Worth a Pound of Cure

(SPECIAL) - Hydrogen peroxide is trusted by every hospital and emergency room in the country for its remarkable ability to kill deadly germs like E. coli and the swine flu virus. In fact, it has attracted so much interest from doctors that over 6000 articles about it have appeared in scientific publications around the world.

Research has discovered that hydrogen peroxide enables your immune system to function properly and fight infection and disease. Doctors have found it can shrink tumors and treat **allergies, Alzheimer's, asthma, clogged arteries, diabetes, digestive problems, migraine headaches, and arthritis pain.**

Smart consumers nationwide are also discovering there are hundreds of health cures and home remedy uses for hydrogen peroxide. A new book called *The Magic of Hydrogen Peroxide* is now available that tells you exactly how to use hydrogen peroxide by itself... and mixed with simple everyday kitchen items... to make liniments, rubs, lotions, soaks and tonics that treat a wide variety of ailments.

It contains tested and proven health cures that do everything from relieving **chronic pain** to making **age spots** go away. You'll be amazed to see how a little hydrogen peroxide mixed with a pinch of this or that from your cupboard can:

- **Relieve the pain of arthritis, rheumatism and fibromyalgia**
- **Treat athlete's foot**
- **Clear up allergies and sinus problems**
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- **Soothe muscle aches**
- **Enable minor wounds, cuts and scrapes to heal faster**
- **Refresh and tone your skin**

- **Clear up acne, rashes and age spots**
- **Help heal yeast infections**
- **And much more**

Besides killing E. coli and the swine flu virus, hydrogen peroxide also destroys botulism, salmonella and other harmful organisms. It works by making viruses and bacteria self-destruct on the cellular level. Amazingly, for something so powerful, hydrogen peroxide is safe. That's because after it makes germs self-destruct, hydrogen peroxide breaks down into harmless water.

The Magic of Hydrogen Peroxide book is a valuable health improvement treasure that also shows you how to make tons of household cleaners that work better and more economically than expensive store-bought products. It's a safe powerful alternative to harsh chemical cleaners. Discover easy-to-make formulas that:

- **Kill germs on kitchen counters and surfaces**
- **Sterilize dishes, cups and kitchen utensils**
- **Make a powerful scouring powder that works wonders on kitchen sinks, refrigerators and ovens**
- **Disinfect and deodorize coffee makers, tea pots, blenders and food processors**
- **Sanitize wood cutting boards and wooden spoons**
- **Clean out and disinfect clogged drains**
- **Make hardwood floors, tile floors, grout and linoleum gleam**
- **Get rid of harmful bacteria on fruits, vegetables and meats with this safe and effective food rinse**
- **Eliminate nastiness from toilet bowls, bath tubs, showers and shower curtains**
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- **Boost laundry detergent power**

and restore brightness and color to fabrics

- **Streak-free-clean your windows and mirrors**
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- **Keep hands germ-free without expensive hand sanitizers**
- **And much more**

The Magic of Hydrogen Peroxide contains many more amazing health remedies, cleaning formulas and gardening mixtures. In addition, it also gives you a list of qualified physicians who use hydrogen peroxide in their practices to treat serious ailments. Also included FREE with each book are useful tips and home remedy formulas using vinegar, garlic baking soda and teas.

To get your copy of *The Magic of Hydrogen Peroxide* direct from the publisher at the special introductory price of \$19.95 plus \$3.98 shipping and handling (total of \$23.93, OH residents please add 6.5% sales tax) simply do this:

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LETTERS

Hydrogen Peroxide Knocks Out the Toughest Cases of Athlete's Foot

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- M. R.

Sun Prairie, WI

NEWS & RESEARCH

Hydrogen Peroxide: the First Responder of the Immune System

New research conducted at Harvard Medical School and University of Wisconsin - Madison has offered exciting clues as to how our bodies fight off infection and disease. It's been common knowledge in medical circles that our bodies produce hydrogen peroxide, but new studies of human and animal cells are shedding new light on the critical role hydrogen peroxide plays in immunity, wound healing and even tumor biology. This new data shows that hydrogen peroxide is the catalyst to the body's effective fight against disease and infection.

This is one more brick in the wall of evidence supporting hydrogen peroxide's safety and power. Readers are urged to pick up *The Magic of Hydrogen Peroxide* without delay to begin harnessing the power and saving money without delay.

To get this valuable book direct from the publisher a special introductory price of \$19.95 has been arranged plus \$3.98 shipping and handling (total of \$23.93, OH residents please add 6.5% sales tax) and write "Hydrogen Peroxide" and mail it with a check or money order payable to: James Direct, Inc., Dept HP548, 500 S. Prospect Ave., Box 980, Hartville, Ohio 44632.

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SIGNS OF SPRING

BY KELLY WHITT SUSSEX, WI

Across

- 1. Speech impediment
- 5. Popular '70s hairstyle
- 9. Male sheep
- 12. Child's boo-boo
- 13. Great Barrier ____
- 14. Word of discovery
- 15. Days of ____ (the past)
- 16. Flowering sign of spring
- 18. Events of a story
- 20. ____ Vincent de Paul
- 21. Materialize
- 24. Earns
- 25. Strange
- 26. Extend out
- 27. You buy them by the dozen
- 28. Awful
- 29. Ridicule
- 33. Total
- 34. What you do to a turkey or pumpkin
- 35. Marked with stripes
- 39. Holy
- 40. Got up
- 41. Crick in the neck
- 42. Nest ____, spring chore for the birds
- 44. *Sesame Street* character
- 48. Stomach muscles, for short
- 49. Tied
- 50. An amphibian
- 51. *Norma* ____
- 52. Hair colorings
- 53. Castle material

Down

- 1. Actress Myrna ____
- 2. ____ Jima
- 3. Word of address for a gentleman
- 4. Spring ____ (certain vocal frogs)
- 5. Passion
- 6. Achievement
- 7. Sports official, for short
- 8. Counterbalance
- 9. More than one radius
- 10. "Give me ____!" (request for a clue, 2 words)
- 11. Shakes
- 17. Paddle
- 19. Boy
- 21. Amazement
- 22. Square ____ in a round hole
- 23. Porker
- 24. Spring rains and thawing bring this
- 26. Preserve, jelly
- 28. Spring plant blossom
- 29. Short spring coats
- 30. Blunder
- 31. Adam's mate
- 32. Crimson
- 33. Planted a lawn
- 34. Open a ____ of worms
- 35. Storybook elephant
- 36. Caribbean island
- 37. Loud sound
- 38. Internet access type (abbrev.)
- 39. Stop and yield
- 41. Leg joint
- 43. ____ League school
- 45. Hawaiian volcano Mauna ____
- 46. Big ____ on campus
- 47. 25 Across synonym

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16				17			
				18	19				20			
21	22	23					24					
25						26						
27					28				29	30	31	32
				33				34				
35	36	37	38				39					
40						41						
42					43				44	45	46	47
48					49				50			
51					52				53			

SUDOKU

Challenge yourself with our sudoku puzzle. Fill in all the empty squares so that the numbers 1 through 9 appear once in each row, column and 3-by-3 box. Answers are on page 64.

7			3		6	4		
		9					2	
1					2			3
	2		1	5		8		
		7				3		
		8		7	4		1	
8			7					4
	6					5		
		4	6		9			1

Answers for crossword and sudoku on page 64.

How a Safe Step Walk-In Tub can change your life

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Personal Checklist:

- | | |
|--|---|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Lower Back Pain | <input type="checkbox"/> Poor Circulation |

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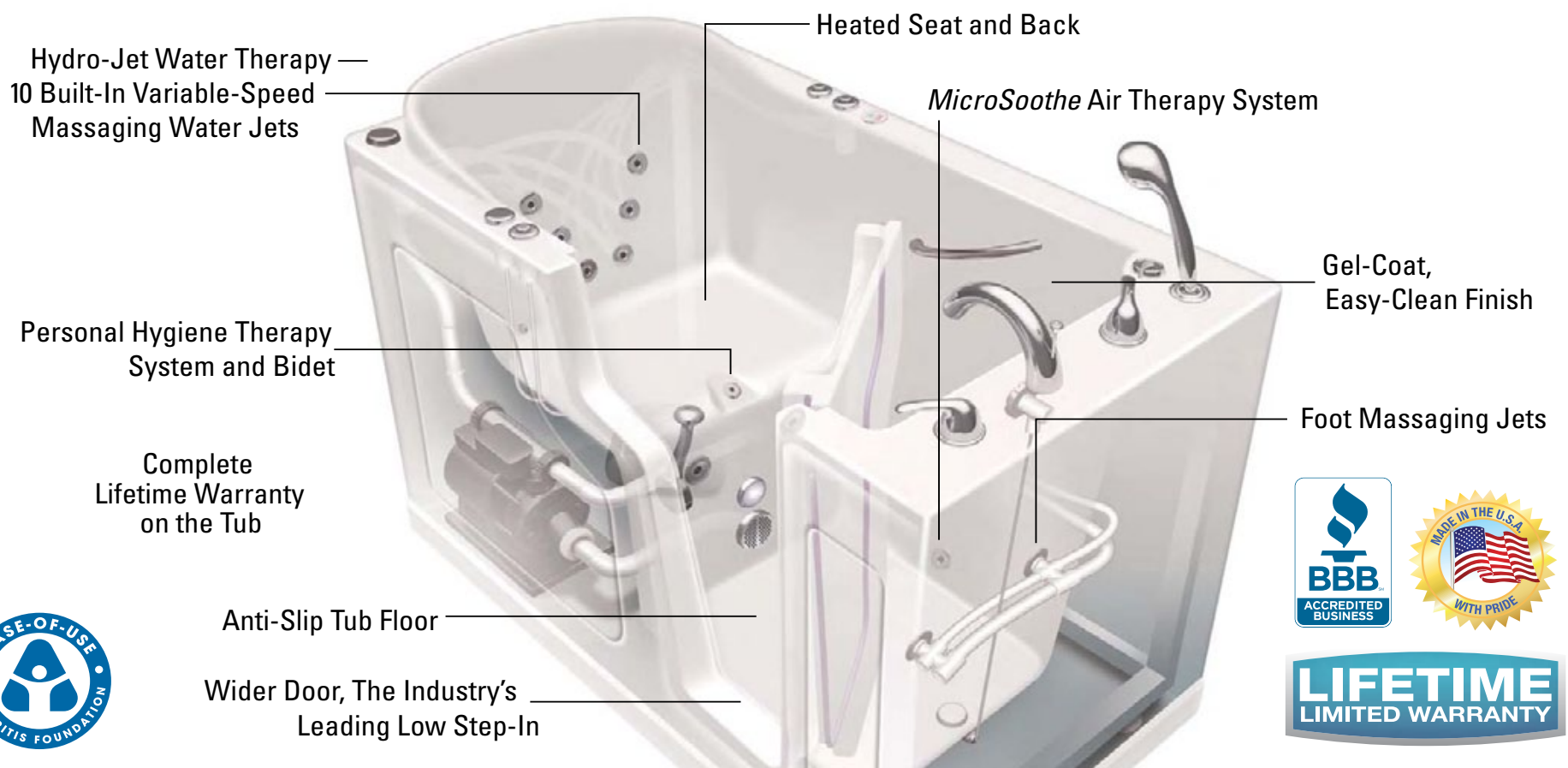
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- 2. Include your name, daytime phone number, email address and mailing address with each submission. If you use a post office box, give us your street address, too.
- 3. Note which department you’re submitting for, and whether the material has been published before.
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L	I	S	P		A	F	R	O		R	A	M
O	W	I	E		R	E	E	F		A	H	A
Y	O	R	E		D	A	F	F	O	D	I	L
			P	L	O	T		S	A	I	N	T
A	P	P	E	A	R		M	E	R	I	T	S
W	E	I	R	D		J	U	T				
E	G	G	S		B	A	D		J	E	E	R
				S	U	M		C	A	R	V	E
B	A	N	D	E	D		S	A	C	R	E	D
A	R	O	S	E		K	I	N	K			
B	U	I	L	D	I	N	G		E	L	M	O
A	B	S		E	V	E	N		T	O	A	D
R	A	E		D	Y	E	S		S	A	N	D

Sudoku Answers from page 62

7	8	2	3	1	6	4	9	5
6	3	9	5	4	7	1	2	8
1	4	5	8	9	2	7	6	3
9	2	6	1	5	3	8	4	7
4	1	7	9	6	8	3	5	2
3	5	8	2	7	4	9	1	6
8	9	1	7	2	5	6	3	4
2	6	3	4	8	1	5	7	9
5	7	4	6	3	9	2	8	1

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That's a Wrap!

Skip the messy dyes and decorate eggs with colorful washi paper to create a cheerful Easter centerpiece.

WHAT YOU'LL NEED

Blown eggs (see story, *right*, for directions)

Washi or origami paper in various colors

Measuring tape

Ruler

Cutting mat

Decoupage glue

Craft knife

Paintbrush

DIRECTIONS

1. Start with an empty egg shell. See story, *right*, for directions.

2. Cut washi paper $\frac{1}{8}$ in. bigger than the circumference and height of the egg.

3. Fold paper in half lengthwise, then again crosswise.

4. Cut $\frac{1}{4}$ in. strips along the long side of the paper, stopping $\frac{1}{4}$ in. before the center fold.

5. Trim the ends of each $\frac{1}{4}$ -in. strip to a point. Unfold paper and place wrong side up on a piece of parchment paper.

6. Use a brush to spread on a thin layer of glue.

7. Lay egg against a short side and wrap the paper around the egg. Press each strip toward the tip of the egg, one piece at a time. Each strip should slightly overlap the previous one. Work your way slowly around the egg, smoothing out the paper strips with your fingers. Brush glue over the top of each strip of paper as you go. Repeat on bottom half of the egg.

8. Apply a layer of glue over the entire egg and set on parchment paper to dry.

NOTE: Washi, or origami paper, can be found at most craft stores and online.



Blowing Out Eggs

Before you dress up your eggs, empty them out with this simple method.

WHAT YOU'LL NEED

Eggs and carton
Large bowl
Straw cut to 4 inches
Thumbtack
Wood skewer
Kitchen or tea towel

DIRECTIONS

1. With egg in carton, press thumbtack firmly into the top and bottom of egg to puncture shell.

2. At the bottom of the egg, insert the sharp end of a skewer and rotate it to break up the yolk. Wrap the egg in a towel and shake it several times to further break up the contents.

3. Place a straw over the hole at the top of the egg and blow out contents into a bowl. If yolk does not flow easily out of the egg, repeat steps 2 and 3 as needed until egg is empty. Discard the egg contents or reserve for another use.

4. Wash egg in warm soapy water; dry. Blow through egg one final time to ensure that the inside of the shell is completely clear. ■

BRIGHT IDEA!

Don't have time to decoupage? Layer strips of washi tape—instead of washi paper—onto your eggs.

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—ELIZABETH ANDREW



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